

# NEWF TAILS



The Newsletter of the  
RIVER KING NEWFOUNDLAND CLUB

**May – Jun 2020**

## President's Message

Hope everyone is staying safe during this pandemic roller coaster ride we are on. I know it is disappointing that so many family, sports and dog events are being canceled, last year when I stated I hope 2020 is different, this is certainly not what I had in mind.

As of this date our Water Test is still on, we are moving ahead with plans, however if it becomes evident that we need to cancel because of the pandemic, it will be canceled. We need to keep in mind the rising numbers in surrounding States and the fact that many of the entrants will be traveling from outside Illinois to attend.

The decision to cancel our obedience and rally trials has been made, AKC has set forth very stringent requirements and I do not believe we have the personnel to meet those requirements along with the fact that it is an indoor event and I am not comfortable asking stewards to work all day indoors.

We have a Draft test scheduled in mid-November, decisions regarding that event will be made as time nears.

2020 certainly has brought about many changes, a year ago who would have thought we would be walking around wearing masks and staying 6 feet away from others. As our water training group discussed training in 2020, we were all in agreement, masks were required, 6 feet social distancing whenever possible was a must, hand sanitizer is a staple and most importantly, if you are sick, stay home. It has been strange, but it is working, we have a new normal and are able to enjoy training our Newfs and each other's company while still keeping each other safe.



Surviving  
quarantine  
one Newfie  
at a time

Take Care,  
Cassie Iken RKNC President

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## **RKNC Officers**

**President:** Cassie Iken

**Vice-President:** Sue Zientara

**Treasurer:** Sylvia Steiling

**Corresponding Sec'y:** Mark Iken

**Recording Sec'y:** Jenny Harrison

**Board Members:** Chris Jones

## **Committees**

**Awards:** Gene Manley

**Conformation:** Sue Zientara Chair  
Person & Jean McAdams

**Draft Test:** Cassie Iken Sue  
Zientara and Sylvia Steiling

**Education:** Steve McAdams, Gene  
Manley

**Fundraising:** Jennifer Jones

**Historian:** Pat Owens

**Membership:** Mark Iken

**Newsletter:** Gene Manley

**Nominating Committee:** Chris  
Jones, Carin Hicks & Vince  
Molinarolo

**Obedience:** Mark Iken, Sylvia  
Steiling, Sue Zientara, Pat Owens

**Parades:** Chris Jones

**Regional:** Jean McAdams, Janice  
Henderson, Rita Jacobs, Mark &  
Kimi Wankel, Tom Brant, Lonnie  
Specht,, Sue Zientara

**Rescue:** Debbie Fitton (chair), Lisa  
Noel, Deb Berg, Marilee Hejna

**Sunshine:** Cassie Iken

**Water Test:** Mark Iken, Sue  
Zientara, and Tom Brandt

**Website:** Chris Jones

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## **Officer & Committee Reports**

### **Awards Committee:**

Awards Received by RKNC Members are listed later in this newsletter.

### **Water Test Committee:**

See general meeting notes

### **Parade Committee:**

See Meeting Notes.

### **Draft Test Chairman**

See Meeting Minutes for update.

### **Obedience Trials:**

See Meeting Minutes for update.

### **Education Committee:**

See Meeting Minutes for update.

### **Conformation Committee:**

See Meeting Minutes for update.

### **Holiday Party:**

# 2020 Calendar January 4 through July 25, 2020

**2020 Show n Go @ Westinn Kennels**

**Jan 4 @ 8:00 am – 4:00 pm**

FEB

16

Sun

**Educational Seminar Board Mtg 1/Gen Mtg 1 @ Rowens Kennels**

**Feb 16 @ 10:00 am – 4:00 pm**

MAR

7

Sat

**Draft n Go @ Lake Lou Yeager Litchfield, IL**

**Mar 7 @ 9:00 am – 4:00 pm**

MAR

8

Sun

**Draft n Go @ Lake Lou Yeager Litchfield, IL**

**Mar 8 @ 9:00 am – 4:00 pm**

MAR

14

Sat

**St. Patricks Day Parade @ Downtown St. Louis**

**Mar 14 @ 1:00 pm – 4:00 pm**

MAR

21

Sat

**Draft Test @ Lake Lou Yeager Litchfield, IL**

**Mar 21 @ 8:00 am – 4:00 pm**

## 2020 Calendar January 4 through July 25, 2020 Cont'd

MAR

22

Sun

**Draft Test @ Lake Lou Yeager Litchfield, IL**

**Mar 22 @ 8:00 am – 4:00 pm**

MAY

15

Fri

**Supported Entries Springfield Dog Show**

**May 15 @ 9:00 am – 4:00 pm**

MAY

16

Sat

**Supported Entries Springfield Dog Show**

**May 16 @ 9:00 am – 4:00 pm**

MAY

17

Sun

**Supported Entries Springfield Dog Show**

**May 17 @ 9:00 am – 4:00 pm**

MAY

19

Tue

**Board Teleconference #2**

**May 19 @ 7:00 pm – 8:00 pm**

## 2020 Calendar January 4 through July 25, 2020 Cont'd

JUN

6

Sat

**Water Wizards @ Rowens Kennels**

**Jun 6 @ 9:00 am – 4:00 pm**

**General Meeting #2 @ Rowens Kennels**

**Jun 6 @ 12:00 pm – 12:30 pm**

**Annual Awards Banquet @ Castellis 255 (Moonlight)**

**Jun 6 @ 6:00 pm – 9:00 pm**

JUN

7

Sun

**Water Wizards @ Rowens Kennels**

**Jun 7 @ 9:00 am – 4:00 pm**

JUL

25

Sat

**H2O n Go / Title Chasers @ Lake Lou Yeager Litchfield, IL**

**Jul 25 @ 8:00 am – 4:00 pm**

**General Meeting #3**

**Jul 25 @ 12:00 pm – 1:00 pm**

## River King Newfoundland Club Board Meeting Minutes May 19, 2020:

RKNC Board Meeting  
May 19, 2020  
Telephone Conference

**Present:** Sue Zientara, Sylvia Steiling, Janice Henderson, Jenny Harrison, Chris Jones, Cassie Iken, Mark Iken, Jean McAdams

Sue Zientara called the meeting to order at 7:07 pm

### **Officer's Reports:**

**President** - Cassie Iken reported that the committee report will cover the information.

**Vice President** - No report

**Treasurer** - Sylvia Steiling reported the General Account has \$6,200.23 and the Rescue has \$1,480.96; with expenses of \$965.35 and \$130.60 and deposit of \$265.00 for adoption and donation. Cassie Iken moved to accept the report as presented. Mark Iken seconded; motion passed.

**Recording Secretary** - Minutes of the last board meeting and general meeting were in the newsletter. Sylvia Steiling moved to approve the minutes as presented in the newsletter, Cassie Iken seconded motion passed.

**Corresponding Secretary** - No report

### **Committee Reports:**

**Awards** - The awards banquet will be a carry-out at the water test, Saturday June 6, 2020. Gene Manley has the information and will send out a reminder.

**Conformation** - Supported entry did not take place because of the cancellation of the dog shows in Springfield, IL. We hope the Regionals will be in October. Information has been sent to the NCA and AKC. Sweepstakes judges are Dawn Staffen and Lonnie Specht. Prairie Dog Pottery will make the awards. Sponsors are needed by June to be listed in the catalog.

**Draft Test** - Cassie Iken reported the Fall Draft Test is NCA approved. It will be November 6 & 7th, 2020 with Nan Edwards and Karrie Cook as judges. The Spring Draft Test will be in March 2021 with Heidi Peterson and George Norman as judges.

**Education** - Cassie Iken and Gene Manley are planning an educational event for January 2021.

**Fund Raising** - Each event committee is responsible for fund raising to support the event. We currently have many items, but donations are welcome.

**Historian** - Pat Owens is accepting pictures.

**Membership** - Mark Iken reported that there are no new member applications.

## River King Newfoundland Club Board Meeting Minutes May 19, 2020 Cont'd:

**Newsletter** - The board wishes to acknowledge the great job Gene Manley does producing the newsletter and expressed their gratitude.

**Nominating Committee** - The committee will prepare a slate of officers for the August Newsletter.

**Obedience** - Our Obedience Trials are set for October 3 & 4th, 2020. Cassie Iken will be talking to the Westin Kennels for further details.

**Parades** - Due to Covid 19 the parades are cancelled at this time.

**Rescue** - There were two dogs and one has been adopted. There is a puppy being fostered. Cougar, the older dog who has been in rescue for two and a half years. It was discussed that we need a plan for Cougar. Cassie Iken will send an email to Debbie Fitton asking about Cougar's situation and a discussion will be held after her response.

**Water Test** - Mark Iken reported that the August 14-16th 2020 test is confirmed. The judges are Kevin and Laura Gallagher. The Litchfield site will be used. It was recommended that dogs be trained with people wearing masks because the stewards will be required to wear them.

**Website** - Chris Jones reported that he is posting events and happenings on the site.

**Old Business** - The club sent sympathy cards to the families of Mark Wankel and Steven Pack.

**New Business** - Upcoming events and possible complications due to Covid-19 will be decided closer to event times and current events.

**The next General Meeting will be at the Water Wizards weekend.**

Sue Zientara moved to adjourn at 8:14 pm and Cassie Iken seconded.

Respectfully Submitted,

*Janice Henderson*

**RKNC 2nd quarter general meeting took place at Rowens Kennels during RKNC Water Wizards June 6, 2020.**

Meeting was called to order by President Cassie Iken at 1:15 pm

### **OFFICERS REPORT**

**President-** Cassie Iken:

Thank you all for coming and thanks to Pat and Bob Owen's for hosting Water Wizards.  
We are lucky to have the use of this wonderful site

**Vice president-** Sue Zientara/Jean McAdams:

Thank you to everyone for coming

**Treasurer-** Sylvia Steiling:

Motion to approve financials as reported at the last board meeting by Cassie Iken. 2nd by Mark Iken.

**Financial report as follows: RKNC general acct. is \$6200.23**

**Expenses-**

\$54.60 to Sue Zientara for draft expenses.

\$231.80 to Cassie Iken for draft expenses

Liberty Mutual-\$31.40

\$375.00 was made off shirt sales

**Expenses Rescue- Rescue acct.-\$1480.96 in acct.**

**March expenses** were-\$965.35- for Cougar and \$130.60 for Jericho

The club took in \$200 rescue deposit on Jericho

And the following contributions: Carin-\$40 and Rita-\$25

**Total deposit** for rescue was \$265

Cassie set up a FB fundraiser for Cougar who needs medication

\$2135 was raised on FB with an additional \$225 sent directly to the club.

The fee for the fundraiser was \$55

**Corresponding secretary** -Mark Iken: no report

**Recording secretary-** Janice Henderson/ Jenny Harrison: asked for motion to approve the minutes from last meeting as published in the last newsletter. Motion by Cassie Iken 2nd by Linda Manley

**Board members-** Chris Jones Sue Zientara: no report

## **COMMITTEE REPORTS**

**Awards-**Gene Manley: Awards banquet tonight at Rowens training center. Thanks to everyone who sent them in. Last minute to receive them back since the company we deal with has been closed due to Covid.

**Draft test-** Cassie Iken/ Sue Zientara/ Sylvia Steiling: 2 tests set up for this year providing the state guidelines allow them- Nov and March.

**Education-** Cassie Iken/Gene Manley: nothing on calendar for now, Cassie Iken suggested a grooming seminar

**Fundraising-** Jennifer Jones/Carin Hicks/Cassie Iken: no report

**Historian-** Pat Owens: no report

**Membership-** Mark Iken: application for associate memberships for Gary and Debbie Meyer voted on and passed unanimously.

**Newsletter-** Gene Manley: please continue to send in news and brags.

**Nominating committee-** Chris Jones/Carin Hicks/ Vince Molinarolo: all officer and committee positions will be sent out to all members in email in the future for anyone interested in serving.



**Obedience-** Mark Iken/Sue Zientara/Sylvia Steiling/Pat Owens/ Cassie Iken:

Right now, we are still planning on trial on Oct. 3/4.

If this changes due to Covid, we will let everyone know asap.

**Parades-** Chris Jones: none on the calendar for now.

Chris then asked if anyone would be interested if they decide to proceed with the St. Louis Thanksgiving day parade.

Several showed interest.

**Regional-** Sue Zientara: cancelled due to Covid

**Rescue-** Debbie Fitton: Money was raised for Cougar. This should be enough to cover his meds for the foreseeable future.

Veterinarian Lisa Noel has volunteered to help us get his medications. Huge thx!

4-month-old puppy in rescue

Jericho in process of adoption.

**Sunshine-** Cassie Iken: no report

**Water test-** Mark Iken: everything is still scheduled for the water test.

We will be following social distancing guidelines and may have to change some things.

Everything will be stated in the premium.

**Website-** Chris Jones: no report

**Old business-** none

**New business-** none

Motion to adjourn meeting by Cassie Iken 2nd by Chris Jones at 1:29 pm

## What do you need to know about this newsletter?

- *The President's Report*
- *The Committee's Reports*
- *Calendar of Events for Jan – July 2020*
- *Board Meeting Minutes May 19, 2020*
- *General Meeting Minutes June 6, 2020*
- *What You Need to Know about this about this Newsletter*
- *RKNC Rescue Report June 2020*
- *RKNC 2019 Awards handed out June 6, 2020 at 2019 Awards Banquet*
- *RKNC Water Practice Pictures, Yeh! It is summertime, May 31,2020*
- *RKNC Water Practice Pictures, Yeh! It is summertime, June 14,2020*
- *RKNC Water Practice Pictures, Yeh! It is summertime, June 20,2020*
- *The information for Canine Health*
  - *Canine Heat Stroke in Canines*
  - *When is it Too Hot or Too Cold for your fur baby?*
  - *The 10 Human Medications Most Dangerous to Dogs*
  - *Nutritional Concerns for your senior dogs.*
  - *Fruits and Vegetables that our dogs can and cannot eat (updated).*
  - *Better Never Bitten*
  - *Can Dogs Eat Thanksgiving Turkey?*
- *The News, Brags, Newfoundland Birthdays*
- *The River King Newfoundland Club Facebook Page (info)*
- *The Rainbow Bridge portion (None this Issue, I am so Happy)*



***River King Newfoundland Club***

While this social distancing thing is certainly getting monotonous, I hope each of you are getting some solace by giving extra attention to your pets. Pets bring about a sense of peace to some troubled times.

At this time in rescue we have two Newfs. Cougar who is most likely going to be a permanent foster, and Mica, the puppy that Kim and Jim DeSutter are fostering. Kim wrote that Miss Mica is quite the cute puppy! She loves socks, grabs things from the laundry room, loves peanut butter and bananas and wags her tail even when she is scolded. Look for pictures of Cougar and Mica in this newsletter.



**Figure 1** This is a picture of Mica.

I am also working on another rescue that will be coming into our program soon from Howell County, Missouri. Distance to this location is a factor as it is River King's most West and South County that we cover. I will keep the membership updated as it progresses.



Figure 2 This is Cougar, he truly is a handsome young man.

Cougar was recently put on a medicine to help keep his liver function healthy. The medicine is fairly expensive, so the River King board did a Go-Fund-Me fundraising effort to help offset some of his expenses. And WOW! Did you guys come through! Over \$2000 was raised for 'Friends of Cougar'. Thank you to the following people for your most generous gifts: Eric and Debbie Fromme; Jack Voller; Steve and Jean McAdams; Joan Blevins; Gene and Linda Manley; Karen Fuss; Cassie and Mark Iken; Cissy Sullivan; Carin Hicks, Tara Kelley Bertrand; Sue Ciechanowski; Cathy Whitson Hartke; Sherry Lane; Robert Joseph Kinney; Lana Tauben; Robin Adamson; Gary Meyer; Rich Jones; Eileen Joyce; Debbie Meyer; Lori Ann; Paula Crotteau; Amber Niebrand; Marie Acosta; Diane Weber; Susie Purvis. Also, thank you to the River King board of directors for initiating this. All of you are very appreciated!

Surely, saving one dog will not change the world but for that one dog the world has changed forever.

Please neuter your pets, weird friends and relatives.

***Thanks to all who support Newfoundland Rescue!***

*Thank you  
Debbie Fitton  
217-454-7782*

**RKNC 2019 Awards given to our Members at the Awards Banquet on June 6, 2020 at Rowens Training Center.**

**River King Newfoundland Club 2019 Awards**

| #  | Member                  | Call Name  | AKC/IPL/PAL#  | Whelp Date | Award                     | Date     |
|----|-------------------------|------------|---------------|------------|---------------------------|----------|
| 1  | Mark & Cassie Iken      | Cami       | WS 493 436 04 | 12/14/14   | Companion Dog (CD)        | 06/23/19 |
| 2  | Mark & Cassie Iken      | Cami       | WS 493 436 04 | 12/14/14   | Draft Dog (DD)            | 04/06/19 |
| 3  | Mark & Cassie Iken      | Cami       | WS 493 436 04 | 12/14/14   | Rally Novice (RN)         | 06/23/19 |
| 4  | Mark & Cassie Iken      | Cami       | WS 493 436 04 | 12/14/14   | Versatile Newfoundland    | 2019     |
| 5  | Mark & Cassie Iken      | Cami       | WS 493 436 04 | 12/14/14   | RKNC Top Obedience Dog    | 2019     |
| 6  | Mark & Cassie Iken      | Cami       | WS 493 436 04 | 12/14/14   | RKNC Top Rally Dog        | 2019     |
| 7  | Mark & Cassie Iken      | Cruz       | WS 540 520 02 | 05/14/16   | Draft Dog (DD)            | 04/06/19 |
| 8  | Mark & Cassie Iken      | Cruz       | WS 540 520 02 | 05/14/16   | Rally Novice (RN)         | 06/23/19 |
| 9  | Mark & Cassie Iken      | Cruz       | WS 540 520 02 | 05/14/16   | Water Dog (WD)            | 08/17/19 |
| 10 | Mark & Cassie Iken      | Cruz       | WS 540 520 02 | 05/14/16   | RKNC Top Working Dog      | 2019     |
| 11 | Patricia & Robert Owens | Stone      | WS 465 334 01 | 02/12/15   | Canine Good Citizen (CGC) | 12/11/19 |
| 12 | Patricia & Robert Owens | Chip       | WS 372 573 01 | 01/05/11   | Canine Good Citizen (CGC) | 11/17/19 |
| 13 | Jennifer Harrison       | Ridge      | WS 648 249 02 | 05/16/19   | Canine Good Citizen (CGC) | 11/17/19 |
| 14 | Constance P. Meech      | Saint Nick | WS 587 241 02 | 10/28/17   | Rally Novice (RN)         | 06/23/19 |
| 15 | Constance P. Meech      | Saint Nick | WS 587 241 02 | 10/28/17   | Water Dog (WD)            | 09/07/19 |
| 16 | Constance P. Meech      | Saint Nick | WS 587 241 02 | 10/28/17   | Water Dog 1 (WD1)         | 09/08/19 |
| 17 | Constance P. Meech      | Saint Nick | WS 587 241 02 | 10/28/17   | Rally Intermediate (RI)   | 06/29/19 |
| 18 | Chris & Jennifer Jones  | Talos      | WS 558 811 03 | 12/01/16   | Canine Good Citizen (CGC) | 11/17/19 |
| 19 | Chris & Jennifer Jones  | Talos      | WS 558 811 03 | 12/01/16   | Water Dog (WD)            | 08/17/19 |



## River King Newfoundland Club 2019 Awards Cont'd

| #  | Member                 | Call Name | AKC/IPL/PAL#  | Whelp Date | Award                     | Date     |
|----|------------------------|-----------|---------------|------------|---------------------------|----------|
| 20 | Gene E. & Linda Manley | Malachi   | WS 586 909 01 | 01/14/17   | Championship (CH)         | 02/07/19 |
| 21 | Gene E. & Linda Manley | Malachi   | WS 586 909 01 | 01/14/17   | Grand Champion (GCH)      | 05/27/19 |
| 22 | Gene E. & Linda Manley | Malachi   | WS 586 909 01 | 01/14/17   | RKNC Top Show Dog         | 2019     |
| 23 | Chris & Jennifer Jones | Abby      | WS 465 334 06 | 02/12/14   | Canine Good Citizen (CGC) | 11/17/19 |
| 24 | Chris & Jennifer Jones | Abby      | WS 465 334 06 | 02/12/14   | Draft Dog (DD)            | 05/19/19 |
| 25 | Chris & Jennifer Jones | Abby      | WS 465 334 06 | 02/12/14   | Water Rescue Dog (WRD)    | 08/17/19 |
| 26 | Lana Tauben            | Finn      | WS 612 661 05 | 05/09/18   | Canine Good Citizen (CGC) | 05/03/19 |
| 27 | Lana Tauben            | Finn      | WS 612 661 05 | 05/09/18   | Championship (CH)         | 09/14/19 |
| 28 | Lana Tauben            | Finn      | WS 612 661 05 | 05/09/18   | Puppy Achievement         | 03/01/19 |
| 29 | Lana Tauben            | Finn      | WS 612 661 05 | 05/09/18   | Trick Dog Novice (TKN)    | 06/13/19 |
| 30 | Vince Molinarolo       | Tuco      | WS 425 849 03 | 11/16/12   | Canine Good Citizen (CGC) | 08/02/13 |
| 31 | Vince Molinarolo       | Tuco      | WS 425 849 03 | 11/16/12   | Trick Dog Novice (TKN)    | 12/10/19 |
| 32 | Vince Molinarolo       | Tuco      | WS 425 849 03 | 11/16/12   | Water Dog 1 (WD1)         | 08/18/19 |
| 33 | Vince Molinarolo       | Olive     | WS 372 573 04 | 01/05/11   | Canine Good Citizen (CGC) | 08/02/13 |
| 34 | Vince Molinarolo       | Olive     | WS 372 573 04 | 01/05/11   | Trick Dog Novice (TKN)    | 12/10/19 |

**Yeh! It is Summertime which means it is water training time with our Newfs, it is the best time of the Year and our Newfs Love it, So let's start with our first practice on May 31, 2020. Please notice that we practice with Masks and Social Distancing.**



Figure 3 I got this, 05/31/20



Figure 4 Linda and Malachi taking boat ride 05/31/20, he likes this



## Our first Water practice on May 31, 2020 Cont'd



Figure 5 Abby making her landing into the water 05/31/20



Figure 6 Abby retrieving paddle 05/31/20



Figure 7 I am on my way to help you 05/31/20



**Our first Water practice on May 31, 2020 Cont'd**



**Figure 8 I will get them mom 05/31/20**



**Figure 9 Puppy Time 05/31/20**



**Figure 10 Hey Mom Am I high enough 05/31/20**



**Our Water practice on June 14, 2020**



**Figure 11 I got this, and I am on my way 06/14/20**



**Figure 12 I am on my way to help, please call me 06/14/20**



**Figure 13 I got the rope mom; I am going to shore 06/14/20**



## Our Water practice on June 14, 2020 Cont'd



Figure 14 Super girl in takeoff mode 06/14/20



Figure 15 Hey, this water is cold 06/14/20

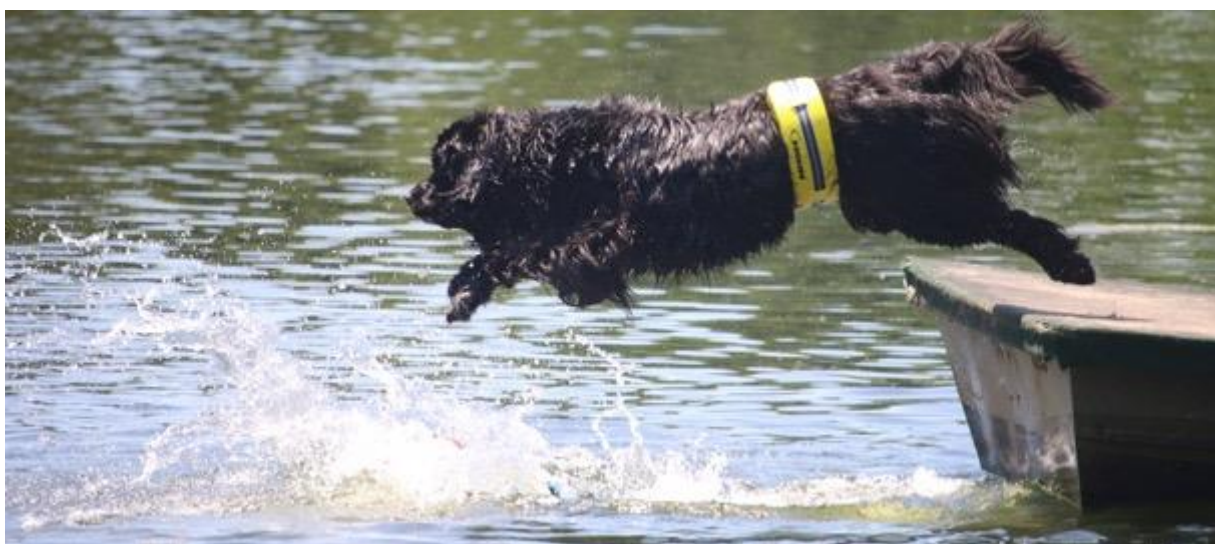


Figure 16 Dad I am coming hold on 06/14/20



## Our Water practice on June 14, 2020 Cont'd



Figure 17 I got you Breezy, you were floating away 06/14/20

## Our Water practice on June 20, 2020



Figure 18 Abby in takeoff mode 06/20/20



Figure 19 I am leaving now 06/20/20



## Our Water practice on June 20, 2020 Cont'd

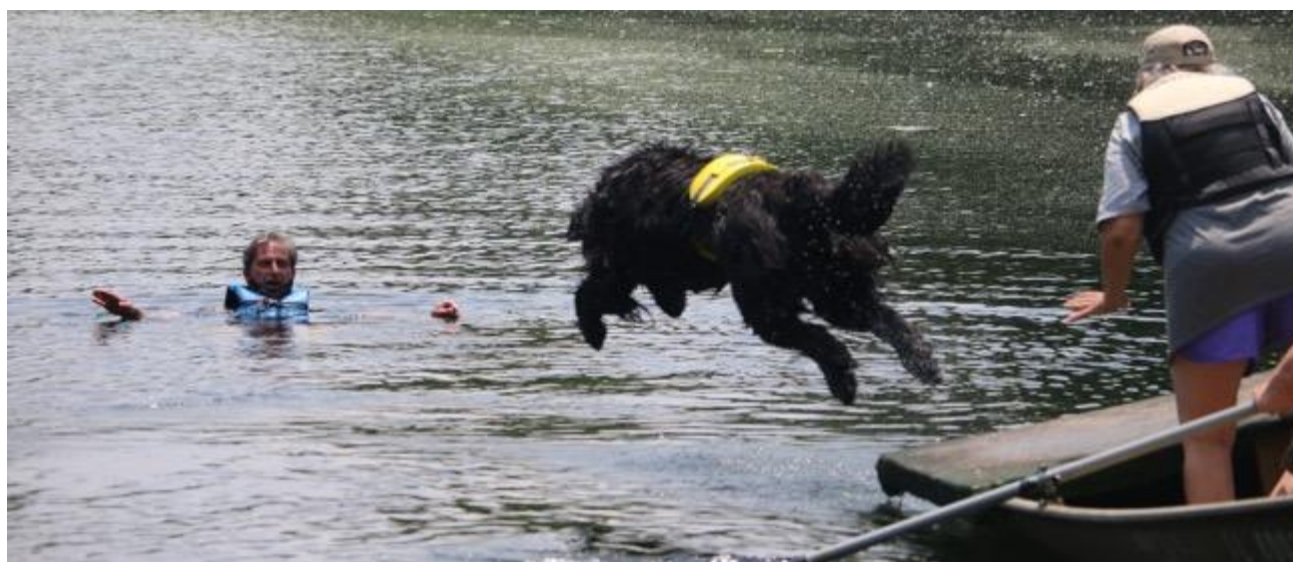


Figure 20 Dad, I am hurrying to get you 06/20/20



Figure 21 I am in flight, is it cold in there? 06/20/20



Figure 22 Puppy boat ride 06/20/20

**Canine Health: Heat Stroke in Canines; Do you know what to look for? When is it Too Cold & Too Hot for your Fur baby. Do you know?**





## Canine Health: The Ten Human Medications most dangerous to Dogs:

### The 10 Human Medications Most Dangerous to Dogs

By [Dr. Kevin Fitzgerald](#) Sep 07, 2016 | 2 Minutes



- [teeth](#)

One of the most dangerous rooms of the house with regard to [accidental poisonings](#) is the bedroom, on account of the nightstand next to the bed. Many adult dogs and [teething puppies](#) sleep in the [bed with their humans](#), and thus have easy access to the drugs on that nightstand. Medications left on counters in kitchens and bathrooms find their way into the stomachs of [bored dogs](#), too.

If your dog ever does happen to ingest human medication, bring the original container to the veterinarian. The original bottle or package can tell you which drug is involved, what strength, how many pills or tablets were in the container, and possibly the manufacturer's

recommendations concerning poisoning.

#### Dangerous Drugs

The most common human medications to cause poisoning in dogs include:

## 10 Most Common Human Medications Harmful to Dogs

1. Aspirin
2. Ibuprofen
3. Naproxen
4. Indomethacin
5. Acetaminophen
6. Xanax
7. Ambien
8. ACE inhibitors
9. Beta Blockers
10. Adderall

#### Pet Poison Hotline

Keep this number on your fridge should your pet ingest a poison or medication\*:

**855-764-7661**

24/7 Animal Poison Control Center

\*fee applies

The **nonsteroidal anti-inflammatory drugs (NSAIDs)** are widely used and readily available — many of these can be purchased over the counter. These drugs are used to treat pain, inflammation, and fever in people. Examples of NSAIDs include **aspirin, ibuprofen, naproxen, and indomethacin**. In dogs, orally ingested NSAIDs are rapidly absorbed. Most achieve peak concentrations in the blood within three hours. The most commonly seen side effects of these medications are gastrointestinal irritation and damage to the GI tract.

At recommended dosages, NSAIDs have little effect on the kidneys, but in cases of overdose (and also with chronic usage) renal damage has occurred. The simultaneous use of two NSAIDs can lead to kidney dysfunction. Additionally, NSAID overdose has caused clotting problems and [liver disease](#). These drugs can also react with other drugs.

#### Canine Health cont'd:

Another readily available human medication often used to treat pain and inflammation in dogs is **acetaminophen**. This drug, sold as **Tylenol** and other

brand names, can be obtained both over the counter and in some prescription preparations. Exposure to dogs usually occurs through administration of acetaminophen by uninformed but well-meaning

owners intending to treat [fever](#), [pain](#), or inflammation in their animal. Poisoning can occur from a single exposure to a large dose or from chronic exposure to a low dose.

Acetaminophen poisoning in dogs causes injury to the liver and, in high enough dosages, even liver failure. Clinical signs can include lethargy, loss of appetite, belly pain, and jaundice. Swelling of the face and paws is also commonly seen. Cats are even more sensitive than dogs to acetaminophen — clinical signs can result from ingesting a single tablet.

**Medications used for attention-deficit disorder and hyperactivity** contain **amphetamine**, a potent stimulant. Ingestion of these medications by dogs can lead to life-threatening tremors, [seizures](#), elevated body temperature, and even cardiac and respiratory arrest.

**Blood pressure medications**, like ACE inhibitors and beta blockers, can cause weakness, stumbling, and dangerously low blood pressure.

**Medications designed to aid with sleep, like Xanax, Ambien, and Valium**, can cause dogs to become lethargic, seem intoxicated and, in some cases, have dangerously slowed breathing rates. Some dogs become severely agitated after ingesting these drugs.

## Treatment

The vast majority of these accidental intoxications can be successfully managed with early treatment. For [poisonings](#), the best outcomes involve seeking immediate advice from your veterinarian followed by aggressive, proactive treatment, if necessary. Your vet may suggest making the animal vomit if ingestion just occurred, but your pet may also need intravenous fluid support or treatment with specific medications and antidotes to combat the toxin. Always check with your veterinarian before starting any treatments to neutralize the poison.

## AKC › Dog Health › Nutrition (*Fruits & Vegetables Dogs Can and Can't Eat*)

Staff Writers | December 03, 2015

As dog owners, it's not uncommon to want to spoil your four-legged family members by sharing table scraps or your favorite snack with them. After all, if it is safe for you to eat, it must be OK for them as well, right? Not necessarily. While many human foods, especially fruits and vegetables, are perfectly safe, some are very unhealthy and downright dangerous to dogs. Dogs digest differently than humans and eating the wrong foods can lead to long-term health problems and, in extreme cases, even death. As carnivores, they have no need for fruits and vegetables as part of their diet, but an occasional fruit or veggie as a treat is OK.

But that doesn't mean all [human food is off limits for dogs](#). Read below to find out which fruits and vegetables are OK for sharing in moderation and which should be kept on your plate



## Canine Health cont'd:

Fruits & Vegetables (*source of this information is from the AKC.org website on nutrition.*)

As dog owners, it's not uncommon to want to spoil your four-legged family members by sharing table scraps or your favorite snack with them. After all, if it is safe for you to eat, it must be OK for them as well, right? Not necessarily. While many **human foods**, especially fruits and vegetables, are perfectly safe, some are very unhealthy and downright dangerous to dogs. Dogs digest differently than humans and eating the wrong foods can lead to long-term health problems and, in extreme cases, even death. As carnivores, they have no need for fruits and vegetables as part of their diet, but an occasional fruit or veggie as a treat is OK.

Read below to find out which fruits and vegetables are OK for sharing in moderation and which should be avoided.

### Fruits & Vegetables



**Apples** Yes, dogs can eat apples. Apples are an excellent source of vitamins A and C, as well as fiber for your dog. They are low in protein and fat, making them the perfect snack for senior dogs. Just be sure to remove the seeds and core first. Try them frozen for an icy warm weather snack. [Read More](#)



**Asparagus** No, dogs shouldn't eat asparagus. While asparagus isn't necessarily unsafe for dogs, there's really no point in giving it to them. It's too tough to be eaten raw, and by the time you cook it down so it's soft enough for dogs to eat, asparagus loses the nutrients it contains. If you really want to share a veggie, something more beneficial is probably best. [Read More](#)



**Avocado** No, dogs should not eat avocado. While avocado may be a healthy snack for dog owners, it should not be given to dogs at all. The pit, skin, and leaves of avocados contain persin, a toxin that often causes vomiting and diarrhea in dogs. The fleshy inside of the fruit doesn't have as much persin as the rest of the plant, but it is still too much for dogs to handle. [Read More](#)



**Bananas** Yes, dogs can eat bananas. In moderation, bananas are a great low-calorie treat for dogs. They're high in potassium, vitamins, biotin, fiber, and copper. They are low in cholesterol and sodium, but because of their high sugar content, bananas should be given as a treat, not part of your dog's regular diet. [Read More](#)

## Canine Health cont'd:



**Blueberries** Yes, dogs can eat blueberries. Blueberries are a superfood rich in antioxidants, which prevent cell damage in humans and canines alike. They're packed with fiber and phytochemicals as well. Teaching your dog to catch treats in the air? Try blueberries as an alternative to store-bought treats. [Read More](#)



**Broccoli** Yes, broccoli is safe for dogs to eat in very small quantities and is best served as an occasional treat. It is high in fiber and vitamin C and low in fat. However, Broccoli florets contain isothiocyanates, which can cause mild-to-potentially-severe gastric irritation in some dogs. Furthermore, broccoli stalks have been known to cause obstruction in the esophagus. [Read More](#)



**Brussel Sprouts** Yes, dogs can eat Brussels sprouts. Brussels sprouts are loaded with nutrients and antioxidants that are great for humans and dogs, alike. Don't overfeed them to your dog, however, because they can cause lots of gas. [Read More](#)



**Cantaloupe** Yes, cantaloupe is OK for dogs. Cantaloupe is packed with nutrients, low in calories, and a great source of water and fiber. It is, however, high in sugar, so should be shared in moderation, especially for dogs that are overweight or have diabetes. [Read More](#)



**Carrots** Yes, dogs can eat carrots. Carrots are an excellent low-calorie snack that is high in fiber and beta-carotene, which produces vitamin A. plus, crunching on this orange veggie is great for your dog's teeth. [Read More](#)



**Celery** Yes, celery is OK for dogs to eat. In addition to vitamins A, B, and C, this crunchy green snack contains the nutrients needed to promote a healthy heart and even fight cancer. As if that wasn't enough, celery is also known to freshen doggy breath. [Read More](#)

## Canine Health cont'd:



**Cherries** No, dogs shouldn't eat cherries. With the exception of the fleshy part around the seed, cherry plants contain cyanide and are toxic to dogs. Cyanide disrupts cellular oxygen transport, which means that your dog's blood cells can't get enough oxygen. If your dog eats cherries, be on the lookout for dilated pupils, difficulty breathing, and red gums, as these may be signs of cyanide poisoning. [Read More](#)



**Cranberries** Yes, cranberries are OK for dogs to eat. Both cranberries and dried cranberries are safe to feed to dogs in small quantities. Whether your dog will like this tart treat is another question. Either way, moderation is important when feeding cranberries to dogs, as with any treat, as too many cranberries can lead to an upset stomach. [Read More](#)



**Cucumbers** Yes, dogs can eat cucumbers. Cucumbers are especially good for overweight dogs, as they hold little to no carbohydrates, fats, or oils and they can even boost energy levels. They're loaded with vitamins K, C, and B1, as well as potassium, copper, magnesium, and biotin. [Read More](#)



**Grapes** No, dogs should not eat grapes. Grapes and raisins have both proved to be very toxic for dogs no matter the dog's breed, sex, or age. In fact, grapes are so toxic that they can lead to acute sudden kidney failure. Definitely skip this dangerous treat. [Read More](#)



**Green beans** Yes, dogs can eat green beans. Chopped, steamed, raw, or canned — all types of green beans are safe for dogs to eat, as long as they are plain. Green beans are full of important vitamins and minerals and they're also full of fiber and low in calories. [Read More](#)



**Mango** Yes, dogs can eat mangoes. This sweet summer treat is packed with four, yes four different vitamins: vitamins A, B6, C, and E. They also have potassium and both beta-carotene and alpha-carotene. Just remember, as with most fruits, remove the hard pit first, as it contains small amounts of cyanide and can become a choking hazard. [Read More](#)

## Canine Health cont'd:



**Mushrooms** No, dogs should avoid mushrooms. Wild mushrooms can be toxic for dogs. While only 50 to 100 of the 50,000 mushroom species worldwide are known to be toxic, the ones that are can really hurt your dog or even lead to death. Washed mushrooms from the supermarket could be OK, but it's better to be safe than sorry; skip out on the fungi all together. [Read More](#)



**Onions** No, dogs should not eat onions. Onions, leeks, and chives are part of a family of plants called Allium that is poisonous to most pets, especially cats. Eating onions can cause your dog's red blood cells to rupture, and can also cause vomiting, diarrhea, stomach pain, and nausea. Poisoning from onions is more serious in Japanese breeds of dogs such as Akitas and Shiba Inus, but all dogs are very susceptible to it. [Read More](#)



**Oranges** Yes, dogs can eat oranges. Oranges are fine for dogs to eat, according to veterinarians. They are also an excellent source of vitamin C, potassium, and fiber, and in small quantities can serve as tasty treats for your dog. Vets do, however, recommend tossing the peel and just giving your dog the inside of the orange, minus the seeds, as the peel is much rougher on their digestive systems. [Read](#)



**Peaches** Yes, peaches are OK for dogs to eat. Small amounts of cut-up peaches are a great source of fiber and vitamin A, and can even help fight infections, but just like cherries, the pit contains cyanide. As long as you completely cut around the pit first, fresh peaches can be a great summer treat – just not canned peaches, as they usually contain high amounts of sugary syrups. [Read More](#)



**Pears** Yes, dogs can eat pears. Pears are a great snack because they're high in copper, vitamins C and K, and fiber. It's been suggested that eating the fruit can reduce the risk of having a stroke by 50 percent. Just be sure to cut pears into bite-size chunks and remove the pit and seeds first, as the seeds contain traces of cyanide. [Read More](#)

## Canine Health cont'd:



**Peas** Yes, dogs can eat peas. Green peas, specifically: snow peas, sugar snap peas, and garden or English peas are all OK for dogs. Peas have several vitamins, minerals, and are rich in protein and high in fiber. You can feed your dog fresh, frozen, or thawed peas, but do not give him canned peas, which have a lot of added sodium. [Read More](#)



**Pineapple** Yes, pineapples are OK for dogs to eat. A few chunks of pineapple are a great sweet treat for dogs, as long as the prickly outside is removed first. The tropical fruit is full of vitamins, minerals, and fiber. It also contains bromelain, an enzyme that makes it easier for dogs to absorb proteins. [Read More](#)



**Potatoes** Yes, dogs can eat potatoes. It's fine to give your dog plain potatoes every once and a while, but only if they're cooked, as raw potatoes can be rough on the stomach. A washed, peeled, plain boiled, or baked potato contains lots of iron for your dog. Avoid mashed potatoes because they often contain butter, milk, or seasonings. [Read More](#)



**Raspberries** Yes, dogs can eat raspberries. Raspberries are fine in moderation. They contain antioxidants that are great for dogs. They're low in sugar and calories, but high in fiber, manganese, and vitamin C. Raspberries are especially good for senior dogs because they have anti-inflammatory properties, which can help take pain and pressure from joints. However, they do contain slight amounts of the toxin Xylitol, so limit your dog to less than a cup of raspberries at a time. [Read More](#)



**Strawberries** Yes, it is OK for dogs to eat strawberries. Strawberries are full of fiber and vitamin C. Along with that, they also contain an enzyme that can help whiten your dog's teeth as he or she eats them. They are high in sugar though, so be sure to give them in moderation. [Read More](#)

## Canine Health cont'd:



**Sweet potatoes** Yes, dogs can eat sweet potatoes. Sweet potatoes are packed with nutrients, including fiber, beta carotene, and vitamins B-6 and C. Just like with regular potatoes, only give your dog washed, peeled, cooked, and unseasoned sweet potatoes that have cooled down, and definitely avoid sugary sweet potato pies and casseroles. [Read More](#)



**Watermelon** Yes, watermelon is OK for dogs to eat. It's important to remove the rind and seeds first, as they can cause intestinal blockage, but watermelon is otherwise safe for dogs. It's full of vitamin A, B-6, and C, as well as potassium. Watermelon is 92 percent water, so it's a great way to keep your dog hydrated on hot summer days. [Read More](#)



**Spinach** Yes, dogs can eat spinach, but it's not one of the top vegetables you'll want to be sharing with you pup. Spinach is very high in oxalic acid, which blocks the body's ability to absorb calcium and can lead to kidney damage. While your dog would probably have to eat a very large amount of spinach to have this problem, it might be best to go with another vegetable. [Read More](#)



# Better Never Bitten

## Tips for Keeping Your Family & Friends Safe ... Including Your Dog

Dogs are our best friends, and many families cannot imagine life without them. Yet bites from pet dogs are common and can ruin an otherwise loving relationship. Although we certainly see them as members of the family, it is important to remember that dogs are, in fact, dogs—whose native language is different from our own. What a child might do to show her love to a dog might be seen as a threat, and reaching to take something as meaningless as a paper towel from it might insult any dog's sense of ownership. We hear all kinds of advice and it can be confusing. What, then, can we do to ensure that our children, ourselves, and our beloved pets are content and safe?

### What NOT to Do

- Don't leave infants, toddlers, or young children alone with any dog, no matter how friendly it is.
- Don't pet, touch, nudge, hug, or kiss a dog while it is resting, especially if it is on or beneath furniture.
- Don't hug or kiss a dog that is not your own, however friendly it may seem.
- Don't move a dog by pulling on its collar or scruff; instead, call the dog to you or toss a piece of food.
- Don't pet or touch a dog while it is eating food or chewing on a toy, bone, or any other object.
- Don't reach to remove food, toys, or any other objects from a dog. If it is necessary to remove an object, trade by offering it an irresistible piece of food.
- Don't pet or restrain any dog trying to get away from you.
- Don't corner a dog to clip on a leash, give it medicine, groom, or even pet it.
- Don't point at, hit, slap, or otherwise punish or scare the dog. Your dog does not purposely misbehave. Most important, physical punishment will frighten the dog, and frightened dogs are more likely to bite.

### SHOULD YOU SEEK HELP?

Dogs are complicated animals and, like us, might need help for one problem or another. Many "issues" can be addressed with simple training or environmental or management changes. If, however, your dog is significantly fearful or has shown growling, snapping, or biting behavior, the situation will not resolve on its own. Talk to your veterinarian or a certified behavior specialist for help and recommendations.



### READING YOUR DOG

You might be surprised to learn about these signals of stress or fear. These reactions may be especially relevant when the dog is approached by someone or hesitates to do something that you have asked it to do:

- Yawning
- Rolling over on its back
- Lowering its head
- Backing up
- Wagging a stiff tail
- Licking its lips
- Lifting a front leg
- Sitting



This client handout from *Clinician's Brief* may be downloaded and printed for use in your clinic.

## Can Dogs Eat Thanksgiving Turkey?

By [Dr. Jerry Klein, CVO](#)

Nov 09, 2018 | 2 Minutes



- [holidays](#)
- [thanksgiving](#)

### Question:

I'm hosting our family Thanksgiving for the first time since getting our dog. With all the delicious food and activity, I'm fairly certain I'll end up with a begging pooch. I don't want to keep her in the crate all day and I'd like to feed her a special meal for the occasion. Is it safe for me to feed my dog turkey, potatoes, sweet potatoes, gravy and maybe even some pumpkin pie?

### Answer:

Each year around the Thanksgiving festivities, there is an increase in urgent care visits to veterinary practices around the country. The increase is not because Turkey is bad for dogs, but because the "trimmings" and other ingredients included in the dishes on the table are often not tolerated by dogs and in some cases are toxic.





What it really comes down to is a question of values... is a delicious, succulent turkey, baked to perfection, worth a few whacks on the nose with a newspaper?

The simple answer is yes, [dogs can eat many Thanksgiving foods](#) including turkey, potatoes, sweet potatoes, and peas, but you should be sure to skip the turkey skin, stuffing and other dishes that you are serving to humans. These foods often have additional spices, butter and other ingredients that are too rich for dogs and can cause pancreatitis or other digestive ailments. Onions and garlic, in particular, can be very toxic to dogs. Always confirm that these ingredients are not added to any food that you are considering sharing with your dog. Also, avoid giving your dog pumpkin pie. Plain cooked fresh pumpkin is fine to feed to dogs, but pumpkin pie filling often includes [Xylitol which is very toxic and potentially deadly for canines](#). It is better to be safe and stay away from the pie and instead, make a fresh pumpkin treat for your dog. Just be sure to buy pure pumpkin and confirm that there are no added ingredients.

Consider writing or printing a list of foods you can share with your dog and inform your guests as well, so that you and your dog can enjoy a happy and healthy Thanksgiving.

## Thanksgiving Food Dos and Don'ts for Dogs

### DO NOT Feed:

Turkey Skin  
Turkey Bones  
Turkey Stuffing  
Turkey Gravy  
Candy and Gum (may contain xylitol)  
Mashed Potatoes  
Creamed Peas  
Sweet Potatoes and Yams with added ingredients  
Pumpkin Pie – May contain Xylitol  
Chocolate Desserts  
Alcoholic Beverages  
Salads with Raisins or Grapes  
Onions  
Scallions

### DO Feed your Dog:

Turkey Meat (no bone or skin)  
Plain Potatoes and Sweet Potatoes  
Plain cooked Pumpkin  
Plain Peas  
Apple

**Be prepared:** Post the phone number to the [Pet Poison Helpline](#) (855-764-7661) as well as the number and address for your local emergency veterinarian in a place where all household members can see it.

### RKNC Brags and News:

No brags received for this Newsletter

### Birthday Celebration of Newfoundlands that had Birthdays during March and April 2019:

Did not receive any notifications this time.

### Our River King Newfoundland Club Facebook Page:

Send items or information to Cassie or Me.

My desire is to show everyone what a phenomenal Newfoundland Club that we are. *If you have anything that can help promote how great our club is, please send it to me.*

### This edition of Newf Tails

Thanks to everyone who sent me information. It sure helped me with getting this edition out the door to you. I am very appreciative of anything that you send me; please keep it up. I will be removing some of the information in the Health section to reduce the size of the Newsletter in the December Newf Tails, I will hopefully have this information posted on our Network if you want to access it at a later date.

## Help Make Your Newsletter Valuable

This newsletter is all about RKNC, of course, and RKNC is nothing if not for its members, so please help make this newsletter all it can be by sending in your news, updates, brags, notices, photos, and everything else Newf- related (short of classified ads.)

If you have a lot of photos from a recent RKNC event, please consider creating a slideshow on a free photo- sharing site (such as PhotoBucket). The newsletter will publish a photo or two from your collection along with a link to the entire set of images; this way, the size of the newsletter can be kept manageable for emailing. (Photos, even web-resolution JPGS, consume a lot of file space and computer memory, and 'compressing' the newsletter PDF file compromises the quality of the entire document.)

The newsletter is currently published bi-monthly, and as a helpful reminder here are the current schedule and submission deadlines:

| Issue          | Estimated Publication | Submission Deadline |
|----------------|-----------------------|---------------------|
| Jan-Feb        | Feb 28                | Feb 18              |
| Mar-Apr        | Apr 30                | Apr 20              |
| May-Jun        | Jun 30                | Jun 20              |
| <b>Jul-Aug</b> | <b>Aug 30</b>         | <b>Aug 20</b>       |
| Sep-Oct        | Oct 30                | Oct 20              |
| Nov-Dec        | Dec 30                | Dec 20              |

This schedule will make the newsletter "summary" in nature, being published at the **end** of each two-month period; this will allow us to include draft test results in the March-April issue, water test results in the July-August issue, specialty results in the Sept-October issue, and obedience trial results in the January-February issue. But that can happen only if results and reports are submitted in a timely manner. And if you're writing something for this newsletter, please keep in mind the relationship between what you're writing about and when the newsletter will be published. THANK YOU for your support of the RKNC newsletter!